

OMMA

Center for
Mind
Body
Spirit



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omapittsburgh.org



Our programming supports youth knowing—in deep and lasting ways—the interconnectedness of all living beings, and the ways in which we are all whole and all belong.





Art in the Garden & Surviving to Thriving

Art in the Garden, which includes the Surviving to Thriving Program is designed to intentionally address the impacts of early childhood adversity and trauma on health and learning. The social and emotional development of youth contributes to the creation of a healthy, inclusive, and equitable society.



Art in the Garden



Supporting Art in the Garden

Art in the Garden is made possible by support from individuals like you and by Borland Garden, WTSummer Camp Rocks!, The Neighbors Committee, and The Heinz Endowments.

To learn more about Art in the Garden and Surviving to Thriving Programming, please visit omapittsburgh.org

THE HEINZ
ENDOWMENTS

"The Heinz Endowments is devoted to the mission of helping our region prosper as a vibrant center of creativity, learning, and social, economic and environmental sustainability. Core to our work is the vision of a just community where all are included and where everyone who calls southwestern Pennsylvania home has a real and meaningful opportunity to thrive."